



# BRSC PERSONAL TRAINING

## DAVE MASSIE

BS, NSCA-CPT



### Session Costs:

30 Minutes		\$25.00
30 Minutes	(non-member)	\$30.00
30 Minutes	(semi-private)	\$18.00/per
60 Minutes		\$45.00
60 Minutes	(non-member)	\$55.00
60 Minutes	Group Training (4 or more)	TBD



***Preferred Training Prices and Packages are available. Please contact Dave for more information at 376-1052 ext. 101***